

SE PUEDE PASAR...?  
(Polka from Northern Mexico)

- Source: Se Puede Pasar...? (say PWAY-dah pah-SAR) is a combination of traditional steps of Northern Mexico. Set by Susan Cashion for the University of Pacific's Folk Dance Camp.
- Music: Discos Larga Vida D 771 (45 rpm) - Side 2 (Rhythm 2/4)
- Formation: Double circle, W on inside. M and W facing CW, inside hds clasped. M has thumb of free hd in belt, W grasps skirt and holds it over R shoulder.

MeasPatternPART I -- Basic - traveling

Description for M, W uses opposite ftwork.

- 1 Introduction--waiting in place cts 1, &, 2. Face to face with ptr. M R arm and W L arm raised in LOD, ready to swing through place low and into RLOD on first step. Pivot CCW on L ft so back is to ptr, brushing R heel and swinging R arm into RLOD (ct &).
- 2 Step to R on R ft (ct 1), hit L heel and release it (ct &), hop to R on R (ct 2), pivot CW on R to face ptr, brushing L heel into RLOD, and swinging R arm away from RLOD (ct &).
- 3 Repeat action of meas 2, reversing ftwork but constantly progressing into RLOD.
- 4-15 Repeat action of meas 2 and 3, six more times.
- 16 Transition. Step R (ct 1), step L (ct 2). Drop hds. M moves to face CW on outer circle, W facing CCW on inside circle. M places both thumbs in belt. W takes side hems of skirt in each hd and moves them freely on next Part.

PART II -- heel-toe

Description for M, U use same ftwork but because she is facing him, she will cross in front of him. Ptrs change pos outside circle to inside circle every four meas.

- 1 Hop on L in place as R heel touches floor to R (ct 1). Hop on L in place as R toe touches floor to L, crossing in front of or behind L leg to make touch (ct 2).
- 2 Repeat action of meas 1, Part II.
- 3 Step to R on R (ct 1), close L (ct &), step to R on R (at this point ptrs are face to face) (ct 2).
- 4 M traveling twd ctr of circle, step L (ct 1), step R (ct 2), while taking one CW turn.
- 5-8 Repeat meas 1-4, Part II, reversing ftwork and moving to outer circle.
- 9-24 Repeat meas 1-8, Part II, twice.

PART III -- Basic - side-to-side

M & W facing each other, M on outside circle. Description for M, W uses same ftwork. W puts fists on hips or brings skirt up over shoulder. M rounds torso fwd and shimmies shoulders at will.

- 1 Small jump to R rotating hips 1/4 CW, head and shoulders staying in direction of ptr (ct 1). Stamp L heel in place and release it (ct &). Hop R (ct 2), hit L heel in place and release it (ct &).

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- 2 Repeat action of meas 1, Part III, reversing ftwork and body rotation.
- 3-4 Repeat action of meas 1, Part III, twice.
- 5-8 Repeat action of meas 1-4, Part III, reversing ftwork.
- 9-32 Repeat action of meas 1-8, Part III, three more times. (Special patterns could be improvised during this Part, feeling is loose and "loco.")

PART IV -- Balance

Still facing each other, ptr join both hds, bodies apart. Description for M, W uses same ftwork.

- 1 Step fwd on R inclining body fwd and tilting head to L, as though to whisper something in ptr's ear, and swinging arms to side (ct 1). Bring toe of L to rest behind R (ct &). Small heel lift and drop on R (ct 2).
- 2 Step bkwd on L, inclining body away from ptr and swinging arms to front (ct 1). Bring toe of R to place (ct &), small hop or heel lift and drop on L (ct 2).
- 3 Repeat action of meas 1, Part IV, changing places with ptr by rotating 1/2 turn CW.
- 4 Repeat meas 2, Part IV.
- 5-16 Repeat action of meas 1-4, Part IV, three more times.

PART V -- Rocks

Ballroom pos -- Description for M, W uses opp ftwork and direction.

- 1 Step bkwd on L, keeping R spot held on floor (ct 1). Shift wt back to R (ct 2).
- 2 Step fwd on L, keeping R spot held on floor (ct 1). Shift wt back to R (ct 2).
- 3 Repeat action of meas 1, Part V.
- 4 Step fwd L (ct 1), step fwd on R (ct 2).
- 5-8 Repeat action of meas 1-4, Part V, keeping ftwork the same but reversing all directions (step fwd on ct 1, etc.).
- 9-16 Repeat action of meas 1-8, Part V.

PART VI -- Grand R and L (Basic)

Turn to face ptr, M on outside circle facing CW, W on inside circle facing CCW. Description for M, W use opp ftwork, but same hd.

- 1 Repeat ft action of meas 2, Part I, but grasp W R hd and pull her by while traveling into RLOD.
- 2 Repeat action of meas 3, Part I, grasping next W with L hd and pulling her by.
- 3-8 Repeat action of meas 1-2, Part VI, three more times. The W whose L hd the M grasps on meas 8 becomes his new ptr.

PART VII -- Basic -- Ballroom pos

- 1-8 Repeat action of basic step, Part I (meas 1-8) while in ballroom pos and revolving CW in place.

PART VIII, IX, X

- 1-24 Repeat action of Parts VI, VII, and VI. End dance by M spinning last W under arm.

Presented by Susan Cashion